



Supporting Special Children and their Relatives and Friends

SUMMER PROGRAMME 2019



**BOOKING IS ESSENTIAL FOR ALL ACTIVITIES
PLEASE MAKE BOOKINGS/PAYMENTS BY FRI 12th JULY AT THE LATEST**

WEEK 1 – w/c 22nd July

Monday 22nd July, 11am onwards

Testwood Lakes Sailability, Aquativity Centre (4th New Forest North Eling Sea Scouts), Testwood Lakes, Brunel Road (Calmore Industrial Estate) Totton SO40 3XP

Come along and have a try at sailing a boat on the lake at Testwood, near Totton. Suitable for over 8's, all abilities, and siblings welcome to join in too. There are 4 fully accessible dinghies. Everyone will have a half hour sail, and needs to be prepared to go on the water with an experienced adult volunteer sailor (all DBS checked). There may be a chance to have a second sail depending on how busy it is! No need for special clothing – buoyancy aids provided. Here's the link for further information: <https://testwoodsailability.weebly.com/>. Bring along a picnic to eat after your sail, and it's a beautiful spot to spend some time – you can walk all around the lake, and it's a very short walk to Testwood Lakes Nature Reserve, which will be open to visitors with pretty wildflower gardens and paths mowed through long grassy meadows to walk through (<https://www.hiwwt.org.uk/nature-reserves/testwood-lakes-nature-reserve>).

£2 per child (Testwood Sailability run session during the holidays every Mon and Thurs if your child wants to continue sailing/develop skills throughout the summer for £5 each sail).

Wed 24th July, 11am-3pm (times tbc)

Scarf 2 Forest Bus/Pizza Activity, meet New Milton Train Station, BH25 6JS

Our **Scarf 2** group is for young people with special needs from Year 11 upwards (ie: age 15/16-25 years). This activity will combine a circuit on the Forest Bus Tour with an Italian meal! We plan to meet at the train station in New Milton, take the Forest Bus to Brockenhurst, have a meal at Enzee by the station, then continue on the Forest Bus back to New Milton. Further information will be emailed out separately to Scarf 2 families. Parents/carers do not need to stay for this activity as young people will be supported by Scarf support workers/volunteers. Please book asap – numbers may be limited for this activity.

£20 per young person (including 2 course meal + bus fare)

Thursday 25th July, from 10.30am

Puffin “Pirate” Cruise, The Quay, Lymington, SO41 3AT

We’re aiming this activity at our younger members – but all are welcome. Enjoy a half hour pirate cruise with Puffin Cruises, from Lymington Quay. Take a fun “pirate themed” trip up the river with other Scarf families – there’s pirate dressing up clothes on board, toys to play with, bubbles and a chance to drive the boat if you’d like to. Room for 12 passengers at a time - we’ll have one group going at 10.30am, then we’ve also booked 11am and 11.30am for more cruises, depending on numbers. Lots to do in Lymington afterwards if you want to make more of a day of it! There’s paid parking on the quay and other car parks close by.

£3 per person

Friday 26th July, 10am onwards

Furzey Gardens with Tie-Dye/Printing Session, Furzey Gardens, Minstead, Lyndhurst, SO43 7GL (www.furzey-gardens.org)

A firm favourite - come and join a drop-in tie-dye and card printing workshop from 10am to 12pm in the Bug Barn at Furzey Gardens. The workshop is led by local artist, Nicola Henshaw www.nicolahenshaw.co.uk, who will be helping children/young people to create their own tie dye bag, and also designing and printing their own cards using safe print tiles. Nicola will provide canvas bags to dye, however if you would like to bring along your own white tee shirt, pillow case, tea towel, hankie or other item to decorate and dye - you are welcome! Suitable for all ages and abilities. Also families are welcome to spend time exploring beautiful Furzey Gardens (a good thing to do while the dye is setting and drying) – there’s lots of secret paths and lookouts to discover, a pond and waterfall, as well as secret fairy doors to find and a children’s play area. Bring along a picnic or there’s a café too if you prefer! The garden is open from 10am to 5pm.

£6 per child (includes entry to Furzey Gardens)

WEEK 2 – w/c 29th July

Mon 29th July, 11am-12.40pm

Toy Story 4 (G- all ages) at The Cinema, Lymington Community Centre, New Street, Lymington SO41 9BQ.

Scarf are having a private viewing of *Toy Story 4* at the Cinema in Lymington. Come and see what happens when Woody, Buzz Lightyear and the rest of the gang embark on a road trip with Bonnie and a new toy named Forky! The film starts at 11am so please arrive by 10.45am to take your seats – the duration is 100 minutes. You can bring your own snacks, but please take your rubbish with you when you leave. Remember parking can be difficult so leave extra time to find a space.

£3 per person

Wednesday 31st July, open 10am-5pm

Honeybrook Adventure Farm, Nr. Stanbridge, Wimborne, Dorset BH21 4JD

Have a fun day out at the farm, along with other Scarf families. The cost includes a free train ride (pay cash on the day for the tractor ride, £2 per person). There’s plenty to do - cuddle baby animals, ride the train along the riverside, see the farm from up high on the bumpy tractor trailer ride, explore 84 acres of river meadows, see a Victorian Farm and much more. In hot weather there’s a refreshing splash fountain. If it’s raining then there’s an indoor soft play centre. Ample free parking, bring your own picnic and light refreshments also available. Here’s their website for more info: <http://www.honeybrookadventure.com/>.

£4 per person (carers and under 2’s free).

Thursday 1st August, 6.15-7.45pm

Scarf Youth Club, New Milton Rugby Club

We are offering 3 sessions during the school holidays of our regular term-time Youth Club. This is usually a drop-in, but for these 3 sessions families will need to book. A separate email will be sent out to our regular Youth Club families with booking information.

Friday 2nd Aug, 12.30pm-2pm (arrive 12pm)

Family Canoe Session, New Forest Activities, Baileys Hard, Beaulieu, SO42 7YF

A family activity having fun out on the Beaulieu River in stable, open Canadian canoes. Enjoy a 90 minute session with lots of time to explore and play on the river. This activity is suitable for all ages, and will be led by qualified instructors. Parents/carers need to go in the canoes with their children, and everyone ready and keen to have a go at paddling (and be prepared to get a bit wet)! Boats can fit 2-4 people (depending on size), and all buoyancy aids will be provided. Wear old clothes and trainers that you don't mind getting wet, waterproofs, and have a towel and change of clothing for afterwards. There are picnic tables at the venue and you can buy a hot or cold drink.

Cost: £10 per person (32 places available, including adults)

WEEK 3 – w/c 5th August

Tuesday 6th August, 9.30am-6pm (times tbc)

Isle of Wight Trip (ferry and coach trip to Robin Hill Country Park)

Scarf families will be going as a group to Robin Hill Country Park! We plan to take the 10am ferry from Lymington to Yarmouth (arrive 9.30am to check in), then pick up the coach there to take us to Robin Hill Country Park. Families will arrive around 11.45am and have the day there. There's plenty to do there: fun rides and slides (including a 100m water slide – bring costumes and towels), adventure play areas, jungle heights, falconry displays, parks, gardens and cafes. Have a look at their website for more info: <https://robin-hill.com/>. We plan to take the coach home at approx. 4pm to catch the 17.05 ferry back to Lymington. Please let us know if you would prefer an extra hour in the park and we can look into taking the 18.05 ferry if the majority of families would prefer this. Parking at the ferry terminal costs £10 for the whole day.

1 Carer free, Adult (16 years+) £20, Children £15 (under 4's free) – 70 places available

Wednesday 7th August, 2-4pm

Skylight Kitchen Cookery Workshop: Durlston Court, 52 Becton Ln, Barton on Sea, New Milton BH25 7AQ

We have 8 places on our cookery workshop with Rachel from SkyLight Kitchen. This will take place at the Galley kitchen at Durlston Court. All participants will be learning how to make flatbreads, 'churn' their own butter and add garlic and herbs to melt on the bread. Everyone will also be making individual mini strawberry cheesecakes! Please advise of any allergies in advance then Rachel can adapt the recipes accordingly. Rachel supplies all ingredients, equipment and a recipe card for each family to take home (plus you get to take your creations home to eat them!). This activity is suitable for children ages 7 upwards (however there is some flexibility on the lower age limit as parents stay, so please ask if you're not sure).

£10 per child (8 places)

Friday 9th Aug, 6-7.30pm

Lymington Sea Water Baths “Special Foresters Event”, Bath Road, Lymington, SO41 3RU

We have an extra special evening planned for you at the Sea Water Baths, which is funded through Foresters Community Grants Programme. We have the Lymington Sea Water baths all to ourselves for an evening of fun in the water, however there will also be food available for all (including pizzas, hot dogs, chips, ice cream, hot and cold drinks!), a ceramic painting craft activity, and an opportunity for parents to have a relaxing express foot/hand massage! Arrive at 6pm to swim and have fun on all the different inflatables. The paddleboards will also be available for children to use. There are life guards on duty and pool activities will be open from 6 to 7.30pm, with food served alongside the pool from 6.30pm. Please bring swimming costumes/towels (wetsuits and wetsuit shoes are great if you have them), and warm clothes for after swimming. Once the pool is closed there will be time to shower and change before we need to vacate the baths. For more information about the sea water baths have a look at their website:

<http://www.lymingtonseawaterbaths.org.uk/>.

£6 per child (all activities and food included, for children and adults)

WEEK 4 – w/c 12th August

Monday 12th Aug, 10.30-11.30am and 11.30am-12.30pm

Pyrography Session, Keyhaven Scout Hut (next to Keyhaven Car Park), Keyhaven Rd, Milford on Sea, Lymington SO41 0UN

Have a go at pyrography with Graham Turner - "draw and write with fire". Transfer designs and lettering onto wood - there will be a range of wood to choose from including door plaques, wooden spoons, egg cups, coaster, keyrings, etc and items can be taken home. No artistic skills necessary - you can bring along your own design, copy something on the day (lots of examples available), or make it up as you go along! Children will be working with a hot pen (so only suitable for children who will not be tempted to touch the heated area when it is turned on – it cools down immediately once turned off). This will be taking place during an art exhibition, teas/coffees/biscuits available for a small donation. Plenty to do in the Keyhaven/Milford area once you have finished the workshop (walks, pubs, crabbing, ice creams, etc).

£3 per child (16 places available in 2 groups of 8)

Tues 13th Aug, 2.30pm (CHECK FINISH TIME)

Mr Stink (relaxed performance), Nuffield City Theatre, 142-144 Above Bar Street, Southampton SO14 7DU

Book your tickets to see a live production of "Mr Stink", based on David Walliams bestselling book! It's a story about the very kind but lonely 12-year-old Chloe, who invites 'Mr Stink' and his slightly wiffy dog to leave behind the wooden bench they call home and secretly move into her family's shed. There are lots of fun adventures to follow, and musical numbers along the way. Apparently, "you'll laugh, you'll cry but you might want to hold your nose!" As this is a relaxed performance, children can come in and out during the show, there's a chill out area, and also a Visual Story on their website if this would be useful. Look here for more info: <https://www.nstheatres.co.uk/city/mr-stink>.

£8 per ticket (50 available)

Thursday 15th August, 6.15-7.45pm

Scarf Youth Club, New Milton Rugby Club

We are offering 3 sessions during the school holidays of our regular term-time Youth Club. This is usually a drop-in, but for these 3 sessions families will need to book. A separate email will be sent out to our regular Youth Club families with booking information.

Friday 16th August 2-3.30pm

Tennis and Ball Skills, Hale Gardens Tennis Club, Hale Gardens, Off Milton Grove, New Milton, BH25 6HA

Come along and improve your tennis skills or have a go for the first time! This activity is open to all abilities with the emphasis on having lots of fun playing ball games while learning basic tennis skills (and improving skills for those already experienced). Ray will be doing some fun exercises to teach racket and ball skills, hand-eye coordination and fitness around the court. We are using 3 courts at Hale Gardens Tennis Club – the club house will be open for parents/carers to make themselves comfortable and make a cup of tea.

£3 per child

WEEK 5 – w/c 19th August

Monday 19th August, 1-4.30pm

yBall and Football, Boldre War Memorial Hall, Pilley Street, Pilley, Lymington SO41 5QG

Come and join us for an energetic and sporty afternoon! From 1-2.30pm we will have a yBall session with Vince Golden. yBall is a catch and pivot, non-contact sport played with a soft nerf ball, with music in the background – it's a fun and very inclusive sport, everyone loved this at multi

sports recently, so come and give it a go – parents/carers welcome to join in to get some exercise too. We will have a short break from 2.30-3pm, and then have a football session from 3-4.30pm with coaches from AFC Bournemouth Community Sports Trust. These two sessions will be either inside or outside, depending on the weather. Wear comfortable, loose fitting clothes and trainers, and bring along a water bottle and snacks to keep you going. All ages are welcome. Teas/coffees/squash will be provided.

£5 per child (or £3 per session if not doing both)

Tuesday 20th August, 10am-12pm

Patrick's Patch, High Street, Beaulieu, Hampshire, SO42 7YB

Spend a few hours learning gardening skills and helping head gardener, Rachel, in her beautiful community garden in Beaulieu, which grows flowers, fruit, herbs and vegetables. You will help with some gardening jobs, including fruit and flower picking, sew some seeds to take home, and make mini-scarecrows. Suitable for all ages and abilities. Parking available at Fairweathers Garden Centre, just up the road. You can bring along a picnic to eat in the gardens afterwards if you like!

£3 per child (10 places available)

Wednesday 21st August, 11am onwards

Hurst Castle with Paddleboarding option, Keyhaven, Hampshire, SO41 0TP

Spend a day at Hurst Castle with other Scarf families. There will be a big ferry leaving from Keyhaven at 11.15am (don't worry if you miss it as you can catch a later ferry). Spend as long as you like at Hurst - there's plenty to explore (both within the castle grounds and the beach outside). You can bring along a picnic or if you prefer there is a café on site. There are plenty of indoor places to explore at Hurst if the weather is wet. Take the ferry home whenever it suits you (or you can also walk back along the spit if you're feeling energetic) – the last ferry back is at 5.30pm, and they leave every 10-15 minutes.

As well as visiting Hurst Castle we've organised some optional paddleboarding sessions for families to try out on the day. This will take place on the water close to where the ferry docks at Hurst Castle. Children under 18 can only go paddleboarding if a parent/legal guardian also goes with them (due to their insurance restrictions). Buoyancy aids are provided however all participants should be comfortable in the water and be able to swim unaided. We will have two x 1 hour slots for the paddleboarding, one starting at 2.30pm and one at 3.45pm. You will need to wear something you don't mind getting wet, ie: board shorts and a t shirt, and bring a towel and change of clothing.

£4 per person (including ferry and castle entrance)

Plus optional £10 per person for 1 hour paddleboarding session (min age 8 years, but 6+7 year olds can go on same paddleboard as a parent).

Friday 23rd August, 1-3.30pm

Scarf 2 Raft Building, Hengistbury Head Activity Centre, The Broadway, Southbourne, BH6 4EN.

Our **Scarf 2** group is for young people with special needs from year 11 upwards (ie: age 15/16-25 years). We are having a raft building session at Hengistbury Head - young people will spend the first half of the activity building their rafts together, with ropes, barrels and wood. Then after a break to have some snacks and get changed, there will be a chance to put the rafts to the test on the water, with various challenges. Be prepared to get wet for this bit! Parents/carers do not need to stay for this activity as young people will be supported by Scarf support workers/volunteers. Please book asap – numbers may be limited for this activity.

£20 per young person

WEEK 6 – w/c 26th August

Tues 27th Aug, 10.30am onwards

Sea Shore Safari and picnic, Lepe Country Park, Exbury, Southampton, SO45 1AD

Join Chris Marshall, Park Ranger, who will take the Scarf group on a Seashore Safari. We'll see what the tide reveals on the beach as it goes out, looking at the dry bits, the intertidal bits, and if everyone brings along wellies, we can look in the shallow water to see what you can find, like seashells, crabs, birds, seaweed, shrimps etc (this may be a bit slippery!). If anyone has mobility needs we can book a landeaze chair if available (please let us know asap so that we can book this with Lepe). Children will also be looking at what shouldn't be on our shores too. This activity is for about an hour, but make a day of it. Bring along a picnic, and explored the rest of Lepe - as well as the beach, there's an adventure playground, sensory cottage garden, cliff tops to fly kites and the Lookout Café: <https://www.hants.gov.uk/thingstodo/countryparks/lepe/visit>.

£3 per child

Wednesday 28th August, all day

New Forest Bus Tour, various start points around the New Forest

Enjoy a day out on the buses with the New Forest Bus Tour. Tickets will be emailed out in advance. You can join the bus at any point – there are three different circular routes to choose from and you can change routes at various points too. Each circular route takes about 2 hours (buses run roughly every hour). Have a look at this link for more information and timetables: <http://www.thenewforesttour.info>. If you'd like to join up with other Scarf families on the bus, try using the Scarf Facebook page to get in touch with each other and make plans.

£7 per adult, £4 per child, age 5-15 (under 5's go free)

Thursday 29th August, 6.15-7.45pm

Scarf Youth Club, New Milton Rugby Club

We are offering 3 sessions during the school holidays of our regular term-time Youth Club. This is usually a drop-in, but for these 3 sessions families will need to book. A separate email will be sent out to our regular Youth Club families with booking information.

Friday 30th Aug, 6-7.30pm

Lymington Sea Water Baths, Bath Road, Lymington, SO41 3RU

We have the Lymington Sea Water baths all to ourselves for an evening of fun in the water. Arrive at 6pm to swim and have fun on all the different inflatables. The paddleboards and other water activities will also be available for children to use. There are life guards on duty and pool activities will be open from 6 to 7.30pm, and the kiosk will be open all evening selling hot dogs/burgers, chips, ice cream, tea/coffees, etc. You are also welcome to bring along your own picnic to eat there. Please bring swimming costumes/towels (wetsuits and wetsuit shoes are great if you have them), and warm clothes for after swimming. Once the pool is closed there will be time to shower and change before we need to vacate the baths. For more information about the sea water baths have a look at their website: <http://www.lymingtonseawaterbaths.org.uk/>.

£6 per child

A parent/carer must accompany their children to all our events, stay with them and be responsible for them at all times.

Further Information: Lucinda Dowson on 07874 221249 or email

scarfnewforest@gmail.com

Scarf Charity Number 1015081

Website: www.scarfnewforest.org

How to Book for the Scarf Summer Programme 2019

How to Book:

- It is essential for our planning to take bookings in advance. For some of the activities, we may be able to take last minute bookings nearer the time – we will keep members informed via email if there are late spaces available.
- Choose your activities and email or call Scarf to make a booking (07874 221249 or scarfnewforest@gmail.com) – let us know exact numbers coming to the activity.
- You will receive an email or telephone call either confirming your places or advising of a waiting list.
- Please then pay for your confirmed activities in advance either by bank transfer (preferred method) or posting a cheque by **Fri 12th July** at the latest.
- We will hold a waiting list for over-subscribed activities – we'll let you know if you're on this list. You won't need to pay for this activity unless a place becomes available.
- For bank transfers - account name: Scarf, sort code: 30 92 02 (Lloyds Bank), account number: 02657039. Please put as a reference your surname and Summer, eg: Smith Summer, and please email/text Scarf to let us know you are paying this way.
- Or cheques payable to Scarf, sent to Scarf, PO Box 436, Lymington, Hants, SO41 1EN.
- Alternatively, complete the booking form below and post it or scan it to Scarf together with a cheque (or make a bank transfer), however remember posting takes a few days and some activities fill up quite quickly.

We remain committed to ensuring that Scarf is accessible to all, and have a hardship fund available to those experiencing financial hardship - do please apply (in confidence, to scarfnewforest@gmail.com or tel: 07874 221249, or approach one of our Committee Members) if you have genuine difficulty with accessing Scarf activities due to the cost and would like to access our hardship fund.

If using the booking form, please return it to:

Lucinda Dowson
Scarf
PO Box 436
Lymington
SO41 1EN

Tel: 07874 221249
Email: scarfnewforest@gmail.com

Scarf Booking Form - Summer Programme 2019

Name:

Tel. No:

EVENT	DATE	Names of Children	No. of Adults	COST	TOTAL
WEEK 1 SAILING – TESTWOOD (age 8+)	Mon 22 nd July 11am onwards			£2 per child	
SCARF 2 FOREST BUS/PIZZA, Age 16-25	Wed 24 th July 11am-3pm			£20/young person	
PUFFIN PIRATE CRUISE	Thurs 25 th July 10.30am			£3 per person	
FURZEY/TIE DYE	Fri 26 th July 10am onwards			£6 per child	
WEEK 2 TOY STORY 4	Mon 29 th July 11am-12.40pm			£3 per person	
HONEYBROOK FARM	Wed 31 st July 10am-5pm			£4 per person	
FAMILY CANOE SESSION	Fri 2 nd Aug 12-2pm			£10 per person	
WEEK 3 ISLE OF WIGHT TRIP	Tues 6 th Aug 9.30am-6pm			1 carer free £20/adult £15/child	
SKYLIGHT KITCHEN	Wed 7 th Aug 2-4pm			£10 per child	
SEA WATER BATHS “SPECIAL EVENT”	Fri 9 th Aug 6-7.30pm			£6 per child	
WEEK 4 PYROGRAPHY SESSION	Mon 12 th Aug 10.30 or 11.30am			£3 per child	
MR STINK, NUFFIELD	Tues 13 th Aug 2.30-4.30pm			£8 per person	
TENNIS	Fri 16 th Aug 2-3.30pm			£3 per child	
WEEK 5 yBALL & FOOTBALL	Mon 19 th Aug 1-4.30pm			£5 per child (£3 for 1 sport)	
PATRICK’S PATCH	Tues 20 th Aug 10am-12pm			£3 per child	
HURST CASTLE & PADDLEBOARDING	Wed 21 st Aug 11am onwards	For castle		£4/person for castle only	
		For paddleboarding		+ £10/person for PB 1 hr	
SCARF 2 RAFT BUILDING	Fri 23 rd Aug 1-3.30pm			£20/young person	
WEEK 6 SEA SHORE SAFARI	Tues 27 th Aug 10.30am→			£3 per child	
NEW FOREST BUS TOUR	Wed 28 th Aug All day			£7 per adult £4 per child	
LYMINGTON SEA WATER BATHS	Fri 30 th Aug 6-7.30pm			£6 per child	
TOTAL					£