



## **Covid-19 Safety Guidelines for Scarf Members re: Multi Sports Activities – Jan/Feb 2022**

Due to covid, we have prepared some simple guidelines for members with the aim of keeping everyone safe and minimising the risk of spreading the virus.

We want to set out the steps we are taking and everyone's responsibilities for staying safe. It is of course your decision whether to participate in the activities on offer. If there is anything you think we can do to improve these guidelines, or if you are still worried about staying safe, then please let us know.

### **Scarf**

- We will be doing indoor activities for this term at Ashley Junior School. There is an outside area we can use if the weather/temperature permits. The Scarf team will ensure there is some ventilation in the hall during the session, and sanitation stations available for everyone's use.
- We have talked to our coaches in advance about their risk assessment and procedures and have requested that they plan sessions to encourage children/young people to use the full area of the hall, space out where possible and avoid activities where children need to huddle together.
- Our Scarf support workers will have been briefed on these guidelines

### **Families**

#### **Before**

- Please book in advance and let us know as soon as possible if you need to cancel a session as this may free up a space for someone else or affect staffing ([scarfnewforest@gmail.com](mailto:scarfnewforest@gmail.com) or 07874 221249)
- Payments should be made via bank transfer or posted cheques – no cash payments on the day.
- Parents/carers are not required to stay at our multi sports sessions.
- Before attending Scarf Multi Sports we are asking that all family members over 11 years old who are taking part undertake a Covid-19 Self-Test (Rapid Antigen Test), often these are referred to as a lateral flow test. Test kits are available to order online following this link <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests> or can be collected from a number of high street chemists as well as having a test at a chemist such as Boots. Tests results for each person attending must be negative. An inconclusive test should be retaken and if it proves inconclusive again, then unfortunately you will not be able to attend an activity. A credit or refund can be for issued under these circumstances. If you have a positive test result, then

you will need to follow Government guidance on testing and self-isolation. If children/young people are already testing regularly for school/college then there should be no need to do additional tests. Please contact Scarf for advice if you are unsure and if you are experiencing any problems with testing please don't worry, just let Lucinda know.

- Before you attend a session please check whether your child/young person has any covid or cold-like symptoms (as Omicron presents with cold-like symptoms) and do not attend if they have symptoms, or is anyone in your household self isolating due to covid (government guidelines encourage other household members to limit their contacts, particularly with vulnerable people, which would include many of Scarf's members – please see the guidance: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>).

### **During**

- Children/young people will be encouraged to practice good personal hygiene (hand sanitiser/wipes/tissues, etc. will be available and children encouraged to use them).
- Please bring a bottle of water for your child/young person – no snacks are needed
- We will not be asking Scarf members or staff to wear face coverings during sports activities.

### **After**

- If you display symptoms after your Scarf activity please let the Scarf team know as soon as possible – we may need to share this information with Test and Trace.
- If you think we could have improved social distancing and hygiene during the session, please let us know.

Thanks for the taking the time to read through the guidelines and if you have any questions please just get in touch. We have updated our Risk Assessments for our multi sports activities and Pedall have their own specific Risk Assessment – if you would like to see the full documents, please let us know and we will be happy to send it to you directly.

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