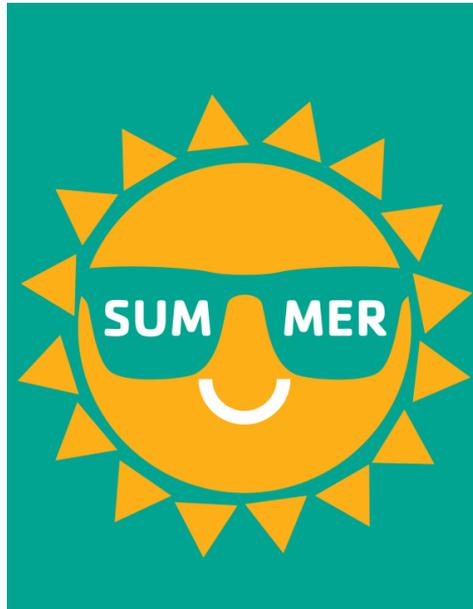




SUMMER PROGRAMME 2022



**PLEASE BOOK YOUR ACTIVITIES ASAP AND PAY BY
Fri 22nd July**

A parent/carer must accompany their child/ren to all our holiday events, stay with them and be responsible for them at all times (unless otherwise stated, ie. Scarf 2).

Here's our Summer Holiday Programme! We hope you find something you'd like to do. Please book directly with Lucinda, scarfnewforest@gmail.com or telephone 07874 221249. Please also read through our current Covid-19 Safety Guidelines for Scarf Members attending Scarf activities 2022: <https://scarfnewforest.org/wp-content/uploads/2022/04/Covid-19-Safety-Guidelines-for-Members-at-Scarf-Activities-from-April-2022.pdf>

WEEK 1 – w/c 25th July

Monday 25th July, 10-11am

Yoga Trapeze at Lawrence Boxing Club, 3 Marsh Lane, Lymington, SO41 9EW

After successfully trying this out in May Half Term, we are putting on another session. If you fancy trying something a bit different, book onto our Yoga Trapeze session with Katrina, based at Lawrence Boxing Club in Lymington, which we will have all to ourselves. Look forward to a fun workout like no other, suitable for all abilities. Children will be fitted into a trapeze which is fitted securely onto rigging so that they can go upside down, reverse blood flow, send fresh oxygen to the brain, and be invigorated! They will be taken through various movements that help build core and upper body strength, as well as being lots of fun. Have a look at Katrina's website for more information and pictures: <https://www.newforestyogatrapeze.com/>. Not suitable for children/young people who have cataracts or glaucoma. This is targeted at children aged 6-14 (with some flexibility around these age groups).

£7 per child (age 6+) - 11 places available

**Monday 25th July and Thurs 28th July, 1pm onwards (sail times 1pm, 1.45pm, 2.30pm)
Testwood Lakes Sailability, Aquativity Centre (4th Eling Sea Scouts), Testwood Lakes,
Brunel Road (Calmore Industrial Estate) Totton SO40 3XP**

Come along and have a try at sailing a boat on the lake at Testwood, near Totton. Suitable for over 8's, all abilities, and siblings welcome to join in too. Everyone will have a half hour sail at a pre-arranged time, going out in pairs on fully accessible dinghies – children need to be prepared to go on the water with an experienced adult volunteer sailor (all DBS checked). No need for special clothing although wear something comfortable/appropriate, with sunhats if needed or waterproofs if raining – buoyancy aids provided. Here's the link for further information: <https://testwoodsailability.weebly.com/>. It's a beautiful spot to spend some time after sailing – you can walk all around the lake, and it's a short walk to Testwood Lakes Nature Reserve, which will be open to visitors with pretty wildflower gardens and paths mowed through long grassy meadows to walk through (<https://www.hiwwt.org.uk/nature-reserves/testwood-lakes-nature-reserve>).

£2 per child (age 8+) – only 6 places, two dates available

Tues 26th July, all day

New Forest Bus Tour, various start points around the New Forest

Enjoy a day out on the buses with the New Forest Bus Tour. Tickets will be emailed out in advance. You can join the bus at any point – there are three different circular routes to choose from and you can change routes at various points too. Each circular route takes about 2 hours (buses run roughly every hour). Have a look at this link for more information and timetables: <http://www.thenewforesttour.info>. If you'd like to join up with other Scarf families on the bus, try using the Scarf Facebook page to get in touch with each other and make plans.

£7 per adult, £4 per child, age 5-15 (under 5's go free)

Wed 27th July, 10-11.30am

**Trainmaster Activity, Brockenhurst St Saviour's Church Hall, Wilverley Road,
Brockenhurst, SO42 7SP**

Aimed at the younger children, but suitable for any train enthusiasts! Trainmasters will fill the hall with a giant hands-on train track, electric trains, a ride on train (suitable for children up to about 6 years), crafts and fancy dress. There will be teas/coffees for the parents/carers! Have a look at their website for more info: <https://trainmaster.co.uk/>.

£5 per child

Wed 27th July, 10.15am-12.30pm

**Scarf 2 Motorboats/Lunch, Tucton Tea Gardens/Boat-hire, 323 Belle Vue Road,
Southbourne, BH6 3BA**

Our **Scarf 2** group is for young people with special needs from Year 11 upwards (ie: age 16-25 years). Parents/carers do not need to stay for this activity as young people will be supported by Scarf support workers/volunteers. We are hiring some small motorboats and spending an hour on the water, driving up and down the river. Each boat can take 6 people, and everyone can have a go at steering (max speed is 5 mph!). We will then have a wander along the river, then lunch at Tucton Tea Gardens.

£15 per young person (ages 16-25)

Thurs 28th July – 2nd Testwood Lakes Sailability activity – (sail times 1pm, 1.45pm, 2.30pm)

2nd session – see info above for all the details.

Thursday 28th July, 6.15-7.45pm

Scarf Youth Club, The Life Centre, Wootton Road, Tiptoe SO41 6FT

We are offering 3 extra sessions during the school holidays of our regular term-time **Youth Club** (ages 13-25 years). The dates are 28/7, 11/8 and 18/8. This is usually a drop-in, but for these 3 sessions families will need to book. Please book for these sessions along with your other holiday bookings.

£3.50/session

Friday 29th July, 6-7.15pm

Lymington Sea Water Baths, Bath Road, Lymington, SO41 3RU

We have the Lymington Sea Water baths all to ourselves for an evening of fun in the water. Arrive at 6pm to swim and have fun on all the different inflatables. The paddleboards and other water activities will also be available for children to use. There are lifeguards on duty and pool activities will be open from 6 to 7.15pm (with time to get changed afterwards) and the kiosk will be open all evening selling hot dogs/burgers, chips, ice cream, tea/coffees, etc. You are also welcome to bring along your own picnic to eat there. Please bring swimming costumes/towels (wetsuits and wetsuit shoes are great if you have them), and warm clothes for after swimming. For more information about the sea water baths have a look at their website:

<http://www.lymingtonseawaterbaths.org.uk/>.

£6 per child

WEEK 2 - w/c 1st Aug

Mon 1st Aug, 9.15am-12.30pm

High Ropes, Paddleboarding and Pioneering at Avon Tyrrell Outdoor Centre, Bransgore, BH23 8EE

You will take part in two activities in groups of 8 children/young people (ages 8+). Everyone will get to do the High Ropes and for your second activity choose between Paddleboarding or Pioneering. The paddleboarding involves a 90 minute session where you can enjoy a paddle around the lake and see if you can get up on both feet with support from the instructors. Our Scarf 2 group had a lot of fun with the Pioneering last year, which involves using ropes and wooden spars to build a giant catapult, then firing sponge balls to various targets. There's time for a quick snack between the two activities. Bring along swimmers and a towel for the paddleboarding if doing (or something you don't mind getting wet and change of clothes). Bring along a snack and some water too, and you are welcome to enjoy a packed lunch in the grounds after the activities. We have a marquee available for us to use. Let us know if you prefer to do paddleboarding or pioneering with the High Ropes, or depending on everyone's preferences, there's a chance you could do both pioneering and paddleboarding if you are keen to.

£12 per child (age 8+) – 16 spaces available

Tues 2nd Aug, 10-11am and 11.30am-12.30pm

Crazy Creatures, The Life Centre, Wootton Road, Tiptoe SO41 6FT

Crazy Creatures will be bringing a whole host of amazing creatures from reptiles to insects, mammals to birds, and invertebrates to amphibians from all over the world – and will put on a fantastic display for the children, with a chance to gently handle some of the creatures if they would like to. Have a look here for more info: <http://www.crazycreatures.org.uk/>. We have two groups with up to 15 children in each group. All ages are welcome. The session may take place outside if the weather allows, otherwise will be inside. Please let us know in advance if your child has any allergies to bee/wasp stings, hand gels/wipes or plasters, etc.

£4 per child - 30 spaces available in 2 groups

Wed 3rd Aug, 6-7.30pm (arrive from 5.45pm)

Adventure Golf at Lymington Golf Course, South Baddesley Road, Lymington, SO41 5SD

We will have the adventure golf course available just for Scarf families from 6pm (please arrive between 5.45pm and 6pm so we can stagger start times). The course is a fun, 18 hole mini adventure golf course, built with children in mind, but entertaining for adults too! There are lots of features of the New Forest to look out for as you move around the course, including the ferry from Lymington to the Isle of Wight! The course takes roughly one to one and a half hours to go around. Parents/carers must remain with their children around the course, whether you play with them or watch. Usually there are 4 players per hole – we will keep families in groups, or put families together where appropriate. There is a small kiosk where you can buy drinks, crisps and ice creams, but no room for families to have picnics. Here's a link where you can find more information: <http://lymingtongolfcentre.co.uk/new-forest-adventure-golf/>. *This activity is weather*

dependent – we may have to cancel on the morning if heavy rain or wind is predicted, but fingers crossed for fine weather!

£2 for children age 14 and under, £3 for adults

Thurs 4th Aug, 10am onwards

Furzey Gardens with Tie-Dye/Printing Session, Furzey Gardens, Minstead, Lyndhurst, SO43 7GL (www.furzey-gardens.org)

A firm favourite which we've not been able to do for a few years - come and join a drop-in tie-dye and card printing workshop from 10am to 12pm in the Bug Barn at Furzey Gardens. The workshop is led by local artist, Nicola Henshaw www.nicolahenshaw.co.uk, who will be helping children/young people to create their own tie dye bag, and also designing and printing their own cards using safe print tiles. Nicola will provide canvas bags to dye, however if you would like to bring along your own white tee shirt, pillow case, tea towel, hankie or other item to decorate and dye - you are welcome! Suitable for all ages and abilities. Also families are welcome to spend time exploring beautiful Furzey Gardens (a good thing to do while the dye is setting and drying) – there's lots of secret paths and lookouts to discover, a pond and waterfall, as well as secret fairy doors to find and a children's play area. Bring along a picnic or there's a café too if you prefer! The garden is open from 10am to 5pm.

£7 per child (includes entry to Furzey Gardens) – 20 children

WEEK 3 - w/c 8th Aug

Tues 9th Aug, 10am onwards

Beach/Sensory Garden Activity, Lepe Country Park, Exbury, Southampton, SO45 1AD

Please join us for an exploration of the beach and sensory garden at Lepe with the Forest Rangers. There will be a range of activities to do, including eye-spy/spotter games at the sensory garden, and lots of fun activities down on the beach like Seashore Safari and natural art. Families will be able to go between the two locations and will also have access to resources that you can use independently and hang on to if you want to stay on after the session. There is plenty to do at Lepe if you would like to extend your visit (adventure playground, sensory cottage garden, cliff tops to fly kites and the Lookout Café). Pay and display car park.

£2 per child

Tues 9th Aug, 6-7.30pm

Evening Cruise to the Needles from Keyhaven, SO41 OTR

Meet at the ferry at Keyhaven for an 1½ hour cruise on the Solent Rose. Please arrive by 5.45 for departure at 6pm. There is a pay and display car park opposite The Gun pub (postcode SO41 0TL). This trip is weather dependent and may need to be cancelled at the last minute if the sea is very rough! The boat can accommodate 60 people, bring snacks to keep you going. No toilets on board but there are public toilets at the Keyhaven Car Park.

£2 per person – 60 spaces available

Wed 10th Aug, 2.30-5pm

Scarf 2 Canoeing, New Forest Activities, Baileys Hard, Beaulieu, SO42 7YF

Our Scarf 2 group is for young people with special needs from Year 11 upwards (ie: age 16-25 years). Parents/carers do not need to stay for this activity as young people will be supported by Scarf support workers/volunteers. Have fun out on the Beaulieu River in stable, open Canadian canoes. Enjoy a 90 minute session on the water with lots of time to explore and play on the river. Boats can fit 2-3 people (depending on size), and all buoyancy aids will be provided. Wear old clothes and trainers that you don't mind getting wet, waterproofs, and have a towel and change of clothing for afterwards. There will be an opportunity afterwards to sit down with the group for hot/cold drinks and cake!

£15 per young person (ages 16-25)

Thurs 11th August, 11am-12pm or 2-3pm

Walking the Alpacas, Petlake Farm, Bartley, Southampton, SO40 7LA (between Totton and Cadnam)

A chance to take an alpaca for a gentle walk around the farm and through the woodland, learning all about these fascinating creatures from your guide as you go. You'll also get to feed your alpaca. We will have two sessions (11am and 2pm), with 6-8 alpacas to walk for each session. The minimum age for this is 6 years old, and there should ideally be a maximum of 3 people from the same household with each alpaca, to avoid crowding the alpaca out. If you have a large family group we will need to give you two alpacas. The walk is in the woods on a gentle slope, so there is some distance to walk, but plenty of seats to rest on during the walk if needed. All-terrain buggies or wheelchairs can also access this track. Alternatively for families who feel unable to do the walk we can book in a session to meet/stroke and feed the alpacas.

£5 per person (age 6+) – 6-8 alpacas per group

Thursday 11th Aug, 6.15-7.45pm

Scarf Youth Club, The Life Centre, Wootton Road, Tiptoe SO41 6FT

We are offering 3 extra sessions during the school holidays of our regular term-time [Youth Club](#) (ages 13-25 years). The dates are 28/7, 11/8 and 18/8. This is usually a drop-in, but for these 3 sessions families will need to book. Please book for these sessions along with your other holiday bookings.

£3.50/session

Fri 12th August, 10am-1pm

Fishing with Fun2Fish, Orchard Lakes, New Lane, Bashley, BH25 5TD

10 places are available for a morning of fishing with Bob from Fun2Fish. Children need to be 8 years and over, however if you have a slightly younger child please let us know as we may be able to help out. Siblings over 8 years are welcome to join in too, but Bob has asked that young/pre-school siblings don't attend if at all possible due to the water. All tackle is provided – please do not bring your own gear as Fun2Fish are only insured to use theirs. Please bring a packed lunch with you. Tea, coffee and snacks hopefully will be available to buy on site (fingers crossed).

£3 per child/young person (age 8+) – 10 places

WEEK 4 - w/c 15th Aug

Mon 15th Aug, 1-3pm (arrive at 12.45)

Surfing Session – Sorted Surf School, The Overstrand, Undercliff Dr, Bournemouth, BH5 1BN (next to Urban Reef Café, close to Boscombe Pier)

As a group you will be having a fun session on the water learning to surf (if the conditions are not good for surfing, bodyboarding or paddleboarding will be on offer depending on the sea state on the day - there will always be something fun to do regardless of the conditions!). The minimum age for this activity is 8 years and children must be able to swim 50m unaided in order to take part (if children are not able to do this, but parents/carers feel they would still be capable of taking part, please let us know so that we can discuss the support needed for your child). All equipment and wetsuits are provided, just bring a towel, swimmers, sun-cream, water and something warm to wear after the lesson. If you have your own wetsuit, it may help to come along wearing it to save time changing. Communal hot showers and changing rooms are next to the surf school. There is ample parking nearby but you may want to arrive in plenty of time to make sure you have a space, especially if it's a nice day. Parents/carers who are strong swimmers can support children in the water.

£12 per child (age 8+) – 16 places

Tues 16th Aug, 10.30am-12pm

Animal Assisted Therapy with Sarah May, Ashley, New Milton, Hants

This was very popular over Easter, so we'd like to offer this out to families again. We have two sessions booked with Sarah (the other on Thurs 25th Aug) where children can enjoy spending

quality time with her pets, which include Finley the spaniel (an approved assisted therapy dog), guinea pigs, rabbits and chickens. This will take place outside in Sarah's garden (which has shelter if it rains) and families can spend time meeting and petting the animals in small groups of 6 children. For more information have a look on Sarah's website here: www.sarahmay.co.uk.

£4 per child – 6 children per group

Tues 16th Aug, 2-3.30pm

Family Boat Trip, Solent Dolphin, Hythe Marina, SO45 6DY

We had a big waiting list for this activity over May Half Term, so have a few more trips organised (another one on Thurs 25th Aug ,6-7.30pm). Join us for a boat trip from Hythe Marina on the Solent Dolphin (<https://solentdolphin.co.uk>) with other Scarf families. This is a fully accessible boat, and will take a trip out on the Solent taking in all the sights and spotting all the cruise liners – children will also get a chance to have a go at steering the boat. Teas/coffees available on board! Max 12 people per trip. All children age 14 and younger will need to wear a life jacket during the voyage (they have plenty to choose from on board). The pontoon is about a ten minute walk from Hythe village if you want to take a walk there afterwards, or even take the train up the pier and go on the Hythe ferry.

£2 per person (12 places available on each trip)

Wed 17th Aug, 10am-2pm (times tbc)

Scarf 2 Forest Bus/Pizza Activity, meet Lymington Bus Stop

Our **Scarf 2** group is for young people with special needs from Year 11 upwards (ie: age 16-25 years). Parents/carers do not need to stay for this activity as young people will be supported by Scarf support workers/volunteers. This activity will combine a circuit on the New Forest Bus Tour with an Italian meal! We plan to meet at the bus stop in Lymington, take the Forest Bus to Lyndhurst on the green route, get off there for a pizza for lunch, then continue on the Forest Bus back to Lymington.

£20 per young person (including 2 course meal + bus fare) – Age 16-25

Thurs 18th Aug, 10am-12pm

Family Canoe Session, New Forest Activities, Baileys Hard, Beaulieu, SO42 7YF

A family activity having fun out on the Beaulieu River in stable, open Canadian canoes. Enjoy a 90 minute session with lots of time to explore and play on the river (arrival at 10am for briefing, on the water by 10.30am). This activity is suitable for all ages, and will be led by qualified instructors. Parents/carers need to go in the canoes with their children, and everyone ready and keen to have a go at paddling (and be prepared to get a bit wet)! Boats can fit 2-4 people (depending on size), and all buoyancy aids will be provided. Wear old clothes and trainers that you don't mind getting wet, waterproofs, and have a towel and change of clothing for afterwards. There are picnic tables at the venue, a water station to refill bottles and the hot drinks station will be open so you can help yourselves to a tea/coffee afterwards.

Cost: £8 per person (24 places available, including adults)

Thursday 18th Aug, 6.15-7.45pm

Scarf Youth Club, The Life Centre, Wootton Road, Tiptoe SO41 6FT

We are offering 3 extra sessions during the school holidays of our regular term-time **Youth Club** (ages 13-25 years). The dates are 28/7, 11/8 and 18/8. This is usually a drop-in, but for these 3 sessions families will need to book. Please book for these sessions along with your other holiday bookings.

£3.50/session

Fri 19th Aug, 10-11.30am AND 11.45am-1.15pm

PEDALL Inclusive Cycling, Burley Yard, Lyndhurst Road (nr Burley village)

Come along for a bike ride with other Scarf families (max 10-12 people/ride, including parents/carers). We have two sessions booked, and there will be a whole range of adapted bikes & standard bikes to choose from (including tandems, tricycles, wheelchair cycles, hand-cycles,

recumbents, and KMX go-carts). The sessions will be guided by Gareth, the Inclusive Cycle Ride Leader from Pedall, and the groups will cycle on gravel tracks from the yard - up to around 5km max, but this can be adapted on the day depending on the group and their cycling experience/ability. Parents/carers need to stay with their child/young person on the bike ride - standard bikes will be available for parents/carers/siblings not using a double bike. Everyone will need to dress for the weather and bring water (and a snack if needed).

Cost: £4 per child/young person riding a bike, parents/carers free

WEEK 5 - w/c 22nd Aug

Mon 22nd Aug, 11am-12.30pm

Animated Film (title tbc) at The Cinema, Lymington Community Centre, New Street, Lymington SO41 9BQ

Scarf have a private viewing of an animated film (title to be confirmed shortly). The film starts at 11am, so please arrive around 10.45am to take your seats. You can bring your own snacks, but please take your rubbish with you when you leave. Remember parking can be difficult so leave extra time to find a space.

£3 per person

Tues 23rd Aug, 2-4pm

Pony Care, New Horizons - Equine Assisted Learning, Foxlease, Clay Hill, Lyndhurst, SO43 7DE

Join other Scarf families to spend an afternoon with the horses at New Horizons, based in Lyndhurst. Each family will have a pony to care for and there will be different activities to do, including learning how to groom and plait your pony, haltering and walking with your pony and leading them around an obstacle course. The afternoon won't involve riding the pony, but lots of bonding and care work. 10-12 children max.

£8 per child – 10-12 children

Tues 23rd Aug, 6-7.15pm

Lymington Sea Water Baths, Bath Road, Lymington, SO41 3RU

We have the Lymington Sea Water baths all to ourselves for an evening of fun in the water. Arrive at 6pm to swim and have fun on all the different inflatables. The paddleboards and other water activities will also be available for children to use. There are lifeguards on duty and pool activities will be open from 6 to 7.15pm (with time to get changed afterwards) and the kiosk will be open all evening selling hot dogs/burgers, chips, ice cream, tea/coffees, etc. You are also welcome to bring along your own picnic to eat there. Please bring swimming costumes/towels (wetsuits and wetsuit shoes are great if you have them), and warm clothes for after swimming. For more information about the sea water baths have a look at their website:

<http://www.lymingtonseawaterbaths.org.uk/>.

£6 per child

Wed 24th Aug, 2.15-3.15pm and 3.45-4.45pm

Bubbles Workshop, Boldre War Memorial Hall, Pilley Street, Pilley, Lymington SO41 5QG

We have two sessions of bubble making with Squidge and Pop! This experience will take place outside if possible (wind and weather permitting), and be in two small groups (15 people max). Here's how Lisa describes it "A special kind of magic awaits audiences in this immersive bubble workshop. All the family are invited to experience the wonderment of a multi-sensory bubble workshop. Featuring amazing bubble tricks, games, bubble wand making and the opportunity to stand inside a giant bubble! Be blown away with the gift of a special recipe, giving you the skills to recreate your own absolutely ENORMOUS bubbles, and float into a state of pure calm and delight."

Cost £5 per child (all ages) – 15 children/session

Thurs 25th Aug, 10.30am-12pm

Animal Assisted Therapy with Sarah May, Ashley, New Milton, Hants

This was very popular over Easter, so we'd like to offer this out to families again. We have two sessions booked with Sarah (the other on Tues 16th Aug) where children can enjoy spending quality time with her pets, which include Finley the spaniel (an approved assisted therapy dog), guinea pigs, rabbits and chickens. This will take place outside in Sarah's garden (which has shelter if it rains) and families can spend time meeting and petting the animals in small groups of 6 children. For more information have a look on Sarah's website here: www.sarahmay.co.uk.

£4 per child – 6 children per group

Thurs 25th Aug, 6-7.30pm

Family Boat Trip, Solent Dolphin, Hythe Marina, SO45 6DY

We had a big waiting list for this activity over May Half Term, so have a few more trips organised (another one on Tues 16th Aug, 2-3.30pm). Join us for a boat trip from Hythe Marina on the Solent Dolphin (<https://solentdolphin.co.uk>) with other Scarf families. This is a fully accessible boat, and will take a trip out on the Solent taking in all the sights and spotting all the cruise liners – children will also get a chance to have a go at steering the boat. Teas/coffees available on board! Max 12 people per trip. All children age 14 and younger will need to wear a life jacket during the voyage (they have plenty to choose from on board). The pontoon is about a ten minute walk from Hythe village if you want to take a walk there afterwards, or even take the train up the pier and go on the Hythe ferry.

£2 per person - 12 places available on each trip

How to Book:

- **Choose your activities and email or call Scarf to make a booking (07874 221249 or scarfnewforest@gmail.com) – let us know exact numbers coming to the activity.**
- **For this summer, we are giving families the first week after the programme is released to put in their choices before places are allocated (to ensure places are allocated fairly rather than first-come-first-served). Further activities can be booked later on if places are available.**
- **You will receive an email either confirming your places or advising of a waiting list.**
- **Please then pay for your confirmed activities in advance either by bank transfer (preferred method) or posting a cheque by **Fri 22nd July** at the latest.**
- **We will hold a waiting list for over-subscribed activities – we'll let you know if you're on this list. You won't need to pay for this activity unless a place becomes available.**
- **For bank transfers - account name: Scarf, sort code: 30 92 02 (Lloyds Bank), account number: 02657039.**
- **Or cheques payable to Scarf – email Lucinda for the Treasurer's address for posting.**

We remain committed to ensuring that Scarf is accessible to all, and have a concessions fund available to those experiencing financial hardship - do please apply (in confidence, to scarfnewforest@gmail.com or tel: 07874 221249, or approach one of our Committee Members) if you have genuine difficulty with accessing Scarf activities due to the cost and would like to access our hardship fund.

For further information contact Lucinda Dowson on 07874 221249 or email: scarfnewforest@gmail.com

Scarf Charity Number 1015081

Website: www.scarfnewforest.org