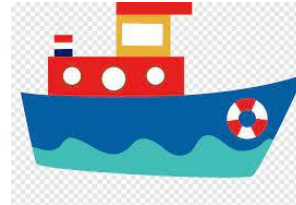




MAY HALF-TERM PROGRAMME 2023



**PLEASE BOOK YOUR ACTIVITIES ASAP AND PAY BY
FRI 26th MAY**

A parent/carer must accompany their child/ren to all our holiday activities, stay with them and be responsible for them at all times (unless otherwise stated, ie. Scarf 2).

Here's our May Half Term Programme! We hope you find something you'd like to do. Please book directly with Lucinda, scarfnewforest@gmail.com or telephone 07874 221249. Please also read through our current Covid-19 Safety Guidelines for Scarf Members attending Scarf activities: <https://scarfnewforest.org/wp-content/uploads/2022/10/Covid-19-Safety-Guidelines-for-Members-at-Scarf-Activities-from-Sept-2022.pdf>.

Sat 27th May, 10.30am-12pm (also on Sat 3rd June)

Family Boat Trip, Solent Dolphin, Hythe Marina, SO45 6DY

Join us for a boat trip from Hythe Marina on the Solent Dolphin (<https://solentdolphin.co.uk>) with other Scarf families. This is a fully accessible boat, and will take a trip out on the Solent taking in all the sights and spotting all the cruise liners – children will also get a chance to have a go at steering the boat. Teas/coffees available on board! Max 12 people per trip. All children age 14 and younger will need to wear a life jacket during the voyage (they have plenty to choose from on board). The pontoon is about a ten minute walk from Hythe village if you want to take a walk there afterwards, or even take the train up the pier and go on the Hythe ferry.

£3 per person (12 places available on each trip)

Tues 30th May, 10.30am-12pm

Animal Assisted Therapy with Sarah May, Ashley, New Milton, Hants

We have two sessions booked with Sarah (the other session is on Fri 2nd June) due to high demand for this activity. Children can enjoy spending quality time with her pets, which include Finley the spaniel (an approved assisted therapy dog), guinea pigs, rabbits and chickens. This will take place outside in Sarah's garden (which has shelter if it rains) and families can spend time meeting and petting the animals in small groups of 6 children. For more information have a look on Sarah's website here: www.sarahmay.co.uk.

£4 per child – 6 children per group

Tues 30th May, 9.45am-12.30pm

Scarf 2 Wetwheels "Full Experience", Berthon Marina, Bath Road, Lymington, Hants, SO41 3YL

Our **Scarf 2** group is for young people with additional needs from Year 11 upwards (age 15/16-25 years) – newcomers are very welcome. Parents/carers do not need to stay as we will have our

support workers there to support young people during the session. This is a chance to go out on the Wetwheels boat, which is fully accessible for all, have a cruise up the river, and then a bit of a blast out on the Solent! Everyone will get a chance to have a go at a bit of high speed driving if they'd like to before returning back to the marina. Young people will need to dress appropriately with plenty of warm clothing, including a warm hat, waterproof jacket and soft shoes. Even on sunny days you may get splashed and it is always colder on the water! We can change afterwards into dry clothes if needed, then we will have some lunch (probably at the marina, tbc). Check out Wetwheels website for more information and pictures: <https://wetwheelsfoundation.org/>.

£20 per young person, 8 places available

Wed 31st May, 2-3pm

Yoga Trapeze at Lawrence Boxing Club, 3 Marsh Lane, Lymington, SO41 9EW

Always popular, if you fancy trying something a bit different, book onto our Yoga Trapeze session with Katrina, based at Lawrence Boxing Club in Lymington, which we will have all to ourselves. Look forward to a fun workout like no other, suitable for all abilities. Children will be fitted into a trapeze which is fitted securely onto rigging so that they can go upside down, reverse blood flow, send fresh oxygen to the brain, and be invigorated! They will be taken through various movements that help build core and upper body strength, as well as being lots of fun. Have a look at Katrina's website for more information and pictures: <https://www.newforestyogatrapeze.com/>. Not suitable for children/young people who have cataracts or glaucoma. This is targeted at children aged 6-14 (with some flexibility around these age groups).

£7 per child (10 places available)

Wed 31st May, 6-7.30pm (arrive from 5.45pm)

Adventure Golf at Lymington Golf Course, South Baddesley Road, Lymington, SO41 5SD

We will have the adventure golf course available just for Scarf families from 6pm (please arrive between 5.45pm and 6pm so we can stagger start times). The course is a fun, 18 hole mini adventure golf course, built with children in mind, but entertaining for adults too! There are lots of features of the New Forest to look out for as you move around the course, including the ferry from Lymington to the Isle of Wight! The course takes roughly 1 to 1½ hours to go around. Parents/carers must remain with their children around the course, whether you play with them or watch. Usually there are 4 players per hole – we will keep families in groups, or put families together where appropriate. There is a small kiosk where you can buy drinks, crisps and ice creams, but no room for families to have picnics. Here's a link where you can find more information: <http://lymingtongolfcentre.co.uk/new-forest-adventure-golf/>. *This activity is weather dependent – we may have to cancel on the morning if heavy rain or wind is predicted, but fingers crossed for fine weather!*

£3 for children/young people, free for adults but let us know who's playing please!

Thurs 1st June, 2pm onwards

Moors Valley Steam Train, Moors Valley, Horton Road, Ashley Heath, Nr Ringwood, BH24 2ET

Aim to arrive at Moors Valley for about 2pm, and head to Kingsmere Station, within Moors Valley Country Park, for 2.15pm. Families will be able to enjoy a ride on the steam train with other Scarf families (leaving approximately 2.30pm) – the trip lasts around 20 minutes and there's room for 60 people. Enjoy the rest of the afternoon at Moors Valley - there's plenty to do including the play trail, tree top trail and adventure playgrounds. There's no charge to enter Moors Valley, but you will need to pay for parking costs for the length of time you are there. Sometimes the car park is closed during the middle of the day (around 11.30-1ish) if it's full up, so please be aware of this. It's usually a bit quieter in the afternoon. For more information on parking charges have a look at this link: <http://www.moors-valley.co.uk/visitor-information/car-charges/>.

£2 per person

Fri 2nd June, 10.30am-12pm

Animal Assisted Therapy with Sarah May, Ashley, New Milton, Hants

We have two sessions booked with Sarah (the other session is on Tues 30th May) due to high demand for this activity. Children can enjoy spending quality time with her pets, which include Finley the spaniel (an approved assisted therapy dog), guinea pigs, rabbits and chickens. This will take place outside in Sarah's garden (which has shelter if it rains) and families can spend time meeting and petting the animals in small groups of 6 children. For more information have a look on Sarah's website here: www.sarahmay.co.uk.

£4 per child – 6 children per group

Fri 2nd June, 1.30-3pm and 3.15-4.45pm

PEDALL Inclusive Cycling, Burley Yard, Lyndhurst Road (nr Burley Village)

Come along for a bike ride with other Scarf families (max 10 people/ride, including parents/carers). We have booked 2 sessions with PEDALL that afternoon. There will be a whole range of adapted bikes and standard bikes to choose from (including tandems, tricycles, wheelchair cycles, hand-cycles and recumbents). This session will be guided by an Inclusive Cycle Ride Leader from Pedall, and the group will cycle on gravel tracks from the yard - up to around 5km max, but this can be adapted on the day depending on the group and their cycling experience/ability. Parents/carers need to stay with their child/young person on the bike ride - standard bikes will be available for parents/carers/siblings not using a double bike. Everyone will need to dress for the weather and bring water (and a snack if needed). Here's a link to info about the bikes so you can see what's available: <https://www.pedall.org.uk/specialist-cycles-and-bikes/>.

£4 per child/young person riding a bike, parents/carers free (10 people/session)

Sat 3rd June, 10.30am-12pm (also on Sat 27th May)

Family Boat Trip, Solent Dolphin, Hythe Marina, SO45 6DY

Join us for a boat trip from Hythe Marina on the Solent Dolphin (<https://solentdolphin.co.uk>) with other Scarf families. This is a fully accessible boat, and will take a trip out on the Solent taking in all the sights and spotting all the cruise liners – children will also get a chance to have a go at steering the boat. Teas/coffees available on board! Max 12 people per trip. All children age 14 and younger will need to wear a life jacket during the voyage (they have plenty to choose from on board). The pontoon is about a ten minute walk from Hythe village if you want to take a walk there afterwards, or even take the train up the pier and go on the Hythe ferry.

£3 per person (12 places available on each trip)

How to Book:

- **Choose your activities and email or call Scarf to make a booking (07874 221249 or scarfnewforest@gmail.com) – let us know exact numbers coming to the activity.**
- **For May half term, we are giving families the first week after the programme is released to put in their choices before places are allocated (to ensure places are allocated fairly rather than first-come-first-served). Further activities can be booked later on if places are available.**
- **You will receive an email either confirming your places or advising it you are on a waiting list. If you are on the waiting list where activities are over-subscribed you won't need to pay for this activity unless a place becomes available.**
- **Please pay for your confirmed activities in advance either by bank transfer (preferred method) or posting a cheque by **Fri 26th May** at the latest.**
- **For bank transfers - account name: Scarf, sort code: 30 92 02 (Lloyds Bank), account number: 02657039.**
- **Or cheques payable to Scarf – email Lucinda for the Treasurer's address for posting.**

We remain committed to ensuring that Scarf is accessible to all, and have a concessions fund available to those experiencing financial hardship - do please apply (in confidence, to scarfnewforest@gmail.com or tel: 07874 221249, or approach one of our Committee Members) if

you have genuine difficulty with accessing Scarf activities due to the cost and would like to access our hardship fund.

**For further information contact Lucinda Dowson on 07874 221249 or email:
scarfnewforest@gmail.com**

Scarf Charity Number 1015081

Website: www.scarfnewforest.org