



Saturday Multi-Sports Sessions Ages 7-17yrs, 9.30-10.45am Sept/Oct 2023 - CYCLING

We have 5 weeks of inclusive cycling with Pedall planned for Saturday mornings during Sept/Oct from 9.30-10.45am starting from Burley Yard. These sessions will help to develop cycling skills and confidence using a fleet of specialist bikes. Children/young people can try out a variety of bikes and test themselves on different terrains and distances.

The sessions are for children with additional needs from 7 to 17 years. Parents do not need to stay with their child as support workers and volunteers will be there to help them during the session.



When? 16th Sept, **NOT** 23rd Sept (week off), 30th Sept, 7th Oct, 14th Oct, 21st Oct

Where? Pedall Base, Burley Yard, Lyndhurst Road, Burley

What Time? From 9.30am to 10.45am

How much? £30 for 5 sessions

Spaces are limited to 10 riders – please let us know if you'd like a place by Mon 4th Sept. Due to high numbers for multi sports recently, we may need to have a waiting list if we are oversubscribed. We plan to confirm places shortly after 4th Sept.

For further information contact Lucinda Dowson, Scarf Programme Coordinator on 07874 221249 or email scarfnewforest@gmail.com.

Scarf Charity Number 1015081

Website: www.scarfnewforest.org