

EASTER PROGRAMME 2024



PLEASE BOOK YOUR ACTIVITIES ASAP AND PAY BY FRI 29TH MARCH

A parent/carer must accompany their child/ren to all our holiday activities, stay with them and be responsible for them at all times (unless otherwise stated, ie. Scarf 2).

Here's our Easter Programme! We hope you find something you'd like to do. Please book directly with Lucinda, scarfnewforest@gmail.com or telephone 07874 221249.

WEEK 1

Tues 2nd April – 2 sessions: 10.30am-12pm <u>and</u> 2-3.30pm Animal Assisted Therapy with Sarah May, Ashley, New Milton, Hants

We have booked 4 sessions with Sarah over the Easter holidays (the other sessions are on Mon 8th April), due to high demand for this activity. Children can enjoy spending quality time with her pets, which include Finley the spaniel (an approved assisted therapy dog), guinea pigs, rabbits and chickens. This will take place outside in Sarah's garden (which has shelter if it rains) and families can spend time meeting and petting the animals in small groups of 6 children. For more information have a look on Sarah's website here: www.sarahmay.co.uk. Please remind me if you've been on the waiting list for this so that I can prioritise you!

£6 per child - 6 children

Tues 2nd April, 4-5.30pm

Ski Session at Calshot Activity Centre, Calshot Spit, Fawley, Hants, SO45 1BR

We are having a ski lesson for a group of 10 children/young people at Calshot on the ski slope. This is for all children from age 5+, but the smallest shoe size available for ski boots is size 9 (children's sizes). Wear comfortable clothes for the activity, including long trousers and a long-sleeved top, and gloves for the ski-slope. Dress warmly as it can get cold there! There's a café on site for hot drinks!

Cost: £8 per child (age 5+, ski boots from size 9 children's +) - 10 spaces available

Tues 2nd April, 3.30-5.30ish (final timings tbc)

Rosie Lea House Easter Tea and Forest Walk, Rosie Lea House, Southampton Rd, Lymington, SO41 8PT

Meet up at 3.30pm in the car park at Rosie Lea House for a family walk in the woods (there's a path we can take going into the forest from their garden – it can get muddy so we'll decide nearer

the time if the walk is possible). After the walk they'll be an Easter egg hunt in the garden (everyone will hunt for laminated Easter eggs and be given chocolate eggs after the hunt), followed by kids tea and craft activities (to suit all ages/genders). Tea to include sandwiches, mini scone and mini cakes. Parents/carers welcome to purchase tea/coffee/cakes while the younger ones have their tea. We'll be outside (weather permitting) or in the heated marquee. Please let us know in advance if your child/young person has any dietary requirements or allergies. If you're not keen on doing the walk just join us at Rosie Lea's at 4.15pm.

£8 per child/young person

Wed 3rd April, 10.30am-12pm Munch "Fahitas" Cookery Workshop, Boldre War Memorial Hall, Pilley Street, Pilley, Lymington SO41 5QG

The Munch Cookery School believe passionately in enabling families to learn to cook/prepare nutritional food confidently from scratch, with affordable and healthy ingredients. And everyone can join in the fun of cooking and eating together. For this session everyone is going to make "fahitas" with either chicken & veg, or just vegetables (either in family groups or pair up with others). We will have 10 cookers, the prep and cooking will take about an hour and then everyone (children/young people and adults) can sit down and eat all together. Any left-over food families can take home for later, and also the recipe. There's space for 10+ families. Let us know if there's any allergies/intolerances or if you are veggie/vegan when you book. Have a look on Munch's website for more info about them: https://www.munchcic.co.uk/community-cooking-1. This is funded with help from HAF (Holiday Activities and Food Programme).

£4 per child – space for 10+ families (adults & children get to eat)

Thurs 4th April, 12.30am-2.30pm

"I Wanna Be" Role Play Village, Unit B, 16 Abbotswood Common Road, Romsey SO51 0BX

Aimed at the younger members, but suitable for any child who would enjoy this, we have the place booked just for Scarf families. Let the children play in the small village created for them, while parents can hopefully relax and have a cuppa! There will be squash/milk for the children, and food and hot drinks available to anyone that would like to buy them. Check out their website for more info: https://iwannabe.co.uk/.

£5 per child

Thursday 4th April, 6.30-8.30pm

Scarf 2 Skittles Evening, East Christchurch Sports and Social Club, Grange Road, Christchurch, Dorset, BH23 4JD

Our **Scarf 2** group is for young people with additional needs from Year 11 upwards (age 15/16-25 years) – newcomers are very welcome. We have planned an evening of fun playing skittles, with a basket meal thrown in. Parents/carers <u>do not</u> need to stay as young people will be supported by Scarf support workers/volunteers. Meal choices will need to be made in advance, and will be emailed out to those that book up.

£10 per young person

Friday 5th April, 10.30-11.30am Flip Out, 1a School Lane, Chandlers Ford, Eastleigh, SO53 4DG

Have fun at Flip Out, with its trampolines, airbags, soft play, tumble tracks and ninja wipe-out area. We have chosen this time as it's aimed at children/young people with special needs, so will be quieter than other times. It's suitable for all ages, and parents/carers can go in for free (and join in). We have an hour's session and the cafe will be open for those that want to use it afterwards. You will need to wear special Flip Out branded trampoline socks which can be bought there for £3 (if you already have them, bring them along!). https://www.flipout.co.uk/locations/southampton. £5 per child + £3 for Flip Out socks! (carer's go free)

Fri 5th April, 1.30-3pm PEDALL Inclusive Cycling, Burley Yard, Lyndhurst Road (nr Burley Village)

Come along for a bike ride with other Scarf families (max 10 people/ride, including parents/carers). We have booked 4 sessions over the Easter holidays with PEDALL, so other time slots are also available (see week 2). There will be a whole range of adapted bikes and standard bikes to choose from (including tandems, tricycles, wheelchair cycles, hand-cycles and recumbents). This session will be guided by an Inclusive Cycle Ride Leader from Pedall, and the group will cycle on gravel tracks from the yard - up to around 5km max, but this can be adapted on the day depending on the group and their cycling experience/ability. Parents/carers need to stay with their child/young person on the bike ride - standard bikes will be available for parents/carers/siblings not using a double bike. Everyone will need to dress for the weather and bring water (and a snack if needed). Here's a link to info about the bikes so you can see what's available: https://www.pedall.org.uk/specialist-cycles-and-bikes/.

£4 per child/young person riding a bike, parents/carers free - 10 people/session

Sat 6th April, 10-11am

Family Yoga with Laura, Ashley Junior School, Normans Way, New Milton, BH25 5FN

Rescheduled from Feb Half Term as Laura was ill. A fun yoga session for the whole family – we are hoping that parents/carers will do this session too with their child/young person – but if you prefer to just stay to support your child and not join in, that's fine too. Laura, a qualified yoga teacher, will be taking everyone through some introductory, fun and family friendly yoga poses. Bring along a mat or blanket for each participant.

£2 per person (26 people max)

WEEK 2

Mon 8th April, 11am-12.30pm

"Kung Fu Panda 4" (PG), The Cinema, Lymington Community Centre, New Street, Lymington SO41 9BQ

Scarf have a private viewing of "Kung Fu Panda 4" (PG), which looks great - have a look at the trailer here: https://www.youtube.com/watch?v=cO2ZLBAbkjl. The film starts at 11am and lasts around 1 hour 34 minutes. Arrive around 10.45am to take your seats. You can bring your own snacks, but please take your rubbish with you when you leave. Remember parking can be difficult so leave extra time to find a space.

£3 per person (80 seats available)

Mon 8th April – 2 sessions: 10.30am-12pm <u>and</u> 2-3.30pm Animal Assisted Therapy with Sarah May, Ashley, New Milton, Hants

We have booked 4 sessions with Sarah over the Easter holidays (the other sessions are on Tues 2^{nd} April), due to high demand for this activity. See above for more details on this activity.

£6 per child – 6 children

Tues 9th April, 10-11.30am PEDALL Inclusive Cycling, Burley Yard, Lyndhurst Road (nr Burley Village)

Come along for a bike ride with other Scarf families (max 10 people/ride, including parents/carers). We have booked 4 sessions during the Easter holidays due to high demand for this activity, so other time slots are also available. See above for all the details on the session.

£4 per child/young person riding a bike, parents/carers free - 10 people/session

Wed 10th April, 1st group (older 10+): 9.30-10.30am <u>and</u> 2nd group (younger): 11am-12pm Small Group Creative Workshop, Forest Arts Centre, Old Milton Rd, New Milton, BH25 6DS

Both of these sessions are small groups sessions (6 children max) targeting children/young people who may struggle to access our current term-time clubs but would still like to meet and socialise with others. Run by Emma, a Dramatherapist (who runs Scarf's Drama Club). Parents/carers will need to stay, but not in the room with Emma, but in the café in the adjacent room.

First session, 9.30-10.30, (aimed at those over 10 years): For those who may be more sensitive to sound, this creative workshop will be a quieter and smaller group of young people. Participants will be invited to meet new people, try new things and get creative at a slower pace. There will be games, arts and crafts, creative activities, and hopefully, lots of fun!

Second session, 11-12, (aimed at younger children under 10): For our younger Scarf members, you are invited to come along to a creative workshop filled with sensory play and games. This creative workshop will be a small group and so participants will be able to make new friends, and try new things through imagination and play.

Cost - £5 per child (6 places for each group)

Wed 10th April, 3.45-5.45pm

Scarf 2 Ringos/Ski Bobs, Snowtrax, Matchams Lane, Hurn, BH23 6AW

Our Scarf 2 group is for young people with additional needs from year 11 upwards (ie: age 15/16 to 25) – newcomers are very welcome. We'll be having an hour of fun on the ski slope using the ringos, following by sitting down to have a basket meal together afterwards. The menu will be sent out to those that book so you can choose in advance. Parents/carers do not need to stay as young people will be supported by Scarf support workers/volunteers.

£20 per young person (12+ places available – YEAR 11 UPWARDS)

Thurs 11th April, 10am-12pm

Farm Activity, Countryside Education Trust, Palace Lane, Beaulieu, SO42 7YG

A chance to spend a morning at the farm – you'll have a farm tour where you'll be given lots of jobs to do and there's plenty of animals to get up close to, including rabbits, guinea pigs, goats, and maybe even some spring lambs. Jobs will include collecting eggs and feeding the pigs followed by some mucking out for those wearing wellies! Arrive around 9.45am so that activities can start at 10am.

£4 per child – 20 places available in total

Fri 12th April, 10.30am-12pm (arrive 10am)

Battlezone Laser Tag, New Forest Activities, Baileys Hard, Beaulieu, SO42 7YF

A chance to have a go on the outdoor Battlezone Laser Tag area using fun and lightweight infrared gaming guns, run by New Forest Activities. Scarf will have sole use of the battlezone area – adults don't need to take part (but you can book up to join in too if you'd like to support your child/young person) – either way parents/carers will need to stay within the area to supervise their child/young person. The instructors will set up a variety of fun and inclusive mini-games tailored to our group. Children need to be age 8 upwards (we may be able to accommodate some 7 year olds too if you think they would be able to manage the games). We have 40 spaces available for this activity. For more information have a look at this link:

https://www.newforestactivities.co.uk/battlezone.

£6 per child/adult (age 7 or 8 upwards) – up to 40 spaces available

Fri 12th April, 10-11.30am <u>and</u> 1.30-3pm

PEDALL Inclusive Cycling, Burley Yard, Lyndhurst Road (nr Burley Village)

Come along for a bike ride with other Scarf families (max 10 people/ride, including parents/carers). We have booked 4 sessions during the Easter holidays due to high demand for this activity, so other time slots are also available. See above for all the details on the session.

£4 per child/young person riding a bike, parents/carers free - 10 people/session

Saturday 13th April, 5.15-6pm

Romsey Rapids, Southampton Road, Romsey, Hants SO51 8AF

Scarf have the pool and rapids all to ourselves for this private session (for up to 100 swimmers). There will be floats and rings available, and you can take a pirate wash under the tipping bucket, climb up to the crows nest and whizz down the long slide, enjoy the rapids and relax in the Jacuzzi. For younger ones there is a pirate ship and a toddler slide in the toddler pool area. Please arrive at **5pm** to register with the Scarf Meet and Greet and change beforehand - come as swim

ready as you can be as we are only allowed into the changing rooms at 5pm. We have the changing rooms afterwards for 15 minutes. Swimmers over 8 years old do not need to be accompanied by an adult swimming with them. One adult may accompany two children under 8. Both children must be supervised in all areas. Under 4's and non-swimmers must be supervised on a 1-1 basis and must wear floatation aids. *Bring a £1 coin for the changing lockers!!!* £3 per swimmer (adult or child)

How to Book:

- Choose your activities and email or call Scarf to make a booking (07874 221249 or scarfnewforest@gmail.com) let us know exact numbers coming to the activity.
- For the Easter Holidays, as usual, we are giving families the first week after the programme is released to put in their choices before places are allocated (to ensure places are allocated fairly rather than first-come-first-served). Further activities can be booked later on if places are available.
- You will receive an email either confirming your places or advising it you are on a
 waiting list. If you are on the waiting list where activities are over-subscribed you won't
 need to pay for this activity unless a place becomes available.
- Please pay for your confirmed activities in advance either by bank transfer (preferred method) or posting a cheque by Fri 29th March at the latest.
- For bank transfers account name: Scarf, sort code: 30 92 02 (Lloyds Bank), account number: 02657039.
- Or cheques payable to Scarf email Lucinda for the Treasurer's address for posting.

We remain committed to ensuring that Scarf is accessible to all, and have a concessions fund available to those experiencing financial hardship - do please apply (in confidence, to scarfnewforest@gmail.com or tel: 07874 221249, or approach one of our Committee Members) if you have genuine difficulty with accessing Scarf activities due to the cost and would like to access our hardship fund.

For further information contact Lucinda Dowson on 07874 221249 or email: scarfnewforest@gmail.com